



# LIGHTHOUSE



BY BCGIANS, FOR BCGIANS

## Kindness: The Key to Healing Our Planet

The important days observed in November – the Children's Day (14th November in India and 20th November for World Children's Day), World Science Day for Peace and Development, World Kindness Day, and the International Day of Tolerance—these observances remind us of the importance of compassion in our society. In an era marked by climate crisis and degradation, kindness emerges as a crucial element for the survival of our planet. While scientific knowledge can provide the tools we need, it is the compassionate and empathetic actions of individuals that will lead to real change. As the leaders of tomorrow, we students have a unique opportunity to make a difference through acts of kindness toward people, animals, and the environment.

Engaging in kindness can take many forms. However, by prioritizing empathy and compassion, we can inspire our peers and families to join in, creating a ripple effect of positive change.

Moreover, incorporating kindness into scientific education can transform how we approach environmental challenges. When we understand the interconnection of all living things, our commitment to protecting our planet deepens. In this way, kindness becomes a guiding light, encouraging us to act not just for ourselves, but for the Earth and all its inhabitants. Let us promote kindness as a fundamental value in our journey to sustain and rejuvenate our planet, proving that small actions can lead to a significant and long-lasting impact.

By the Editorial Team



## THE PROFOUND IMPACT OF A SIMPLE THANK YOU

When I first learned about the weekly event 'Thankful Thursday' my curiosity was piqued. The idea of dedicating a day solely to express gratitude seemed both an unusual and compelling chance to mull over things I hadn't given much thought to.

The first task was unusually knotty, as nothing immediately came to mind, but the uncanny concern was all we had to do was list things we were grateful for. As the days passed, the activities became more gripping, from writing notes to crafting hats. But the most meaningful one was when we thanked the school staff and even offered meals to society guards. The most awkward task was handing out badges to classmates, we weren't close to while acknowledging their good qualities. These moments left me grinning from ear to ear. An unusual task of thanking the elements in nature made me realize how much we take people, who deserve our gratitude, for granted, right from our parents to housekeepers.

At the end of the day, a simple 'thank you' not only brightens your mood but also brings a smile to others' faces. It's true what they say: A little kindness goes a long way.

Submitted by Anushka Rajesh  
Grade 8, BCISE

Thank You!



## CREATING A POSITIVE SOCIAL MEDIA LANDSCAPE

Online trolling has emerged as a significant social issue. Trolling behaviours are motivated by factors such as enjoyment, and revenge. This behaviour spreads negativity within online environments. By prioritizing empathy and understanding, we can collectively mitigate the impact of online trolling.

Encouraging individuals to report inappropriate behaviour and blocking trolls can significantly diminish their impact. Additionally, reporting abusive behaviour can lead to the removal of harmful content and the suspension of accounts.

Furthermore, promoting positive interactions can significantly enhance the social media experience. To effectively spread kindness on social media, individuals can engage in intentional acts wherein users are encouraged to post uplifting comments or messages. This not only protects individuals but also contributes to a healthier online environment for all users.

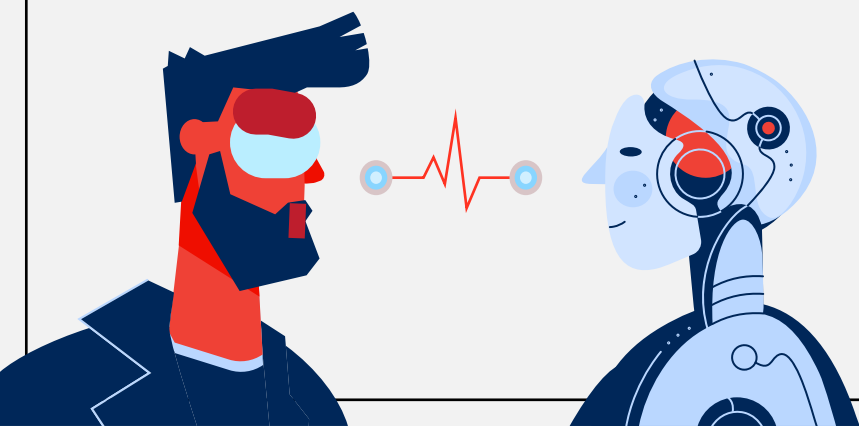
**Submitted by Advika Kulkarni**  
**Grade 9, DSRISM**



## WHY AI CAN'T REPLACE HUMAN KINDNESS

In the new age, AI has revolutionized various aspects of our lives. But one essential aspect of humanity that AI can't replicate is kindness. As AI has various limitations, such as mimicking empathy through sophisticated algorithms and natural language, yet it lacks emotional depth, genuine concern, and acceptance. No matter how well-crafted, AI cannot compete with human warmth. Human kindness encompasses emotional intelligence – responding to complex emotions, empathetic connections – various shared experiences and personal relationships, unconditional love – selfless love, and acceptance, which AI cannot grasp. Areas like healthcare, education, and social work require human compassion and kindness, vital elements that AI cannot replicate. Kindness is irreplaceable to humanity, while AI excels in its place, kindness is unique to humans. By embracing the differences between AI and human kindness, we can create a supportive, compassionate world.

**Submitted by Aayushi Rane**  
**Std. 10, DSRVB**



## HOW SMALL ACTS OF KINDNESS CAN HELP OUR ANIMALS & OUR PLANET

Kindness is a simple yet powerful act that can change lives. It is about being considerate and demonstrating concern for other people. Whether it is a small gesture or a big one, kindness can make a significant impact on someone.

Is our kind gesture limited to only humans around us? The answer is a big NO. In fact, as humans, we need to make it one of our duties to be kind to animals as well. Especially when it comes to stray animals. Instead of going to the breeders to buy one pet for us, we can adopt a stray dog or a cat. This way we are giving a new lease of life to that animal. We must not keep birds caged just for our entertainment. Let them enjoy their freedom.

Our kindness towards Mother Nature lies in our ability to take care of it by not polluting the environment. There are various ways to ensure that we are not participating in ruining the environment. We all can participate in the tree plantation drive. While visiting protected areas, parks, sanctuaries, etc, we must not throw garbage anywhere. Because we have only one EARTH, let's be kind to it.

In a world that often seems divided and chaotic, these gestures foster a sense of gratitude towards animals and our planet. Kindly remember that every action, no matter how small, has the potential to make an impact.

**Submitted by Mohd. Hammad Ansari**  
**Grade 6, VBSIS**



## THE LIMITATIONS OF AI: THE ABSENCE OF GENUINE EMPATHY

AI is useful in many areas, but it lacks the essence of human empathy. Genuine compassion, emotional intelligence, and the ability to connect on a personal level are inherently human traits that machines can't replicate. For instance, during a difficult time in my life, a friend's simple gesture—sitting with me in silence—provided comfort that no algorithm could offer. While AI can simulate understanding and provide logical answers, it doesn't experience feelings or form real connections. Human empathy involves a deep sense of understanding and sharing another person's feelings, offering support based on sincere concern. This emotional resonance and the ability to read subtle social cues make human interactions unique and irreplaceable. AI can assist and augment but cannot replace the warmth, comfort, and profound impact of a truly empathetic human touch. The human heart's capacity for empathy is beyond the reach of algorithms. Collectively, AI can rule the software but never humans.

**Submitted by Neel Parmar**  
**Std. 10, DSRVB**



## THE POWER OF KINDNESS: SPARKING LIGHT IN EVERYDAY MOMENTS

When one hears the word kindness, one might think of a good deed. But it's more than that—it can spark a warmth in someone's heart and bring out their inner light.

In today's world, it's easy to overlook small gestures. However, if you dig a little deeper, you'll see how a simple act can brighten someone's day. Whether it's offering to help a friend, picking up groceries for an elderly person, writing a small thank-you note, or even just smiling at someone—it can truly turn a frown upside down! As we often say, "A little curve on the face makes everything straight."

Let's all make an effort to be the rainbow in someone's storm by using these simple hashtags to spread the message of kindness:

#spreadthewarmth  
#amiabilityisthenewbeauty  
#kindnessbuildsunity  
#haveaheart  
#createcompassion

**Submitted by Tanisha. B**  
**Grade 8, BCISE**



## CHOOSE KINDNESS: EMPOWERING A BRIGHTER TOMORROW

In a world where kindness can transform lives, choosing to be compassionate empowers us all to create a brighter tomorrow. To enhance the visibility and impact of this message – some hashtags we can use are -

#SpreadLoveBeKind  
#KindlinessIsNextToGodliness  
#KindnessAintWeakness  
#ItsSuperCoolToBeKind  
#KindnessCreatesMiracles  
#ShowKindnessItsPriceless

**Submitted by Mahek Qazi**  
**Grade 8, BCISE**



## HOW SMALL ACTS OF KINDNESS CAN HELP OUR ANIMALS AND OUR PLANET

Kindness is the quality of sharing and caring. When we share what we have with others and care for the well-being of others, we are showing kindness. Similarly, when we feel for others when they are in grief and try to reduce their pain by helping them in whatever way we can, we are being kind.

One of the main reasons we should extend this kindness to animals is that they too can experience pain, fear, and suffering just like humans. Animals too have emotions. By treating them with kindness, we acknowledge their capacity to feel, reinforcing the importance of being compassionate towards all living beings.

There are many ways we can show small acts of kindness towards animals:

- Speak up for those who can't speak for themselves.
- Consider adopting a pet in need of a home.
- Small donations to animal welfare organizations can bring joy to animals.
- Volunteer your time to help animals in shelters or rescue organizations.
- Ensure proper identification for your pet to help reunite lost animals with their families.
- Create a bird feeder to help birds

As we all know, the earth is suffering due to climate change, but our actions and our choices can make a difference. Here are some ways we can show small acts of kindness toward our planet:

- Opt for a reusable water bottle.
- Conserve energy by turning off devices when they're not in use.
- Choose to bike or walk instead of driving.
- Participate in garbage clean-up efforts.
- Plant a tree to contribute to the environment.
- Start a vegetable garden to grow your food.
- Let natural light and breeze in by opening your curtains.

Being kind to people creates a better world, but being kind to the planet gives us a world to live in!

**Submitted by Kavya Devrukhkar**  
**Std.6, VBSV**



## BEYOND THE BATTLES: THE POWER OF UNITY AND PEACE IN STAR WARS

Star Wars may be renowned for epic lightsaber duels and thrilling space battles, but at its heart, it carries a powerful message of peace and cooperation. Despite the constant clash between the Jedi and Sith, the true strength of the Rebel Alliance lies not only in their weaponry but in their unity. Diverse beings—humans, droids, and aliens—come together to resist tyranny, trusting in the power of collective action. Rather than dominating through fear, they build

alliances and work toward a common goal. The film teaches us that even in the face of overwhelming odds, cooperation and hope can topple the most formidable enemies proving that peace, when pursued together, is stronger than any force.

**Submitted by Ayra Belgaumwala,**  
**Grade 7, BCISW**



## THINK BEFORE YOU TROLL!

Social media rules the world today. The virtual world has become the main community. Distances don't matter anymore. It is as if the information, messages, and posts travel as fast as light. For many individuals, especially teenagers, the online community has become inseparable from their daily lives.

While technology has helped to bring people closer, it now also anchors their perception of others and the image others have of them. People are slowly becoming obsessed with social media. They can't stay without posting on the internet and they constantly look for others' comments and reactions. Trolling is a part and parcel of this new virtual world.

Trolling is the act of commenting online to upset others, provoke reactions, and criticize others. It often involves derogatory words, personal comments, and attacks. It is nothing but online bullying. Trollers may comment on looks, dress language, attitude, qualities, careers, behavioral traits, etc. Trolling may seem harmless, especially for those who

do it often. However, the impact may be severe for a person who happens to be at the receiving end. It may lead to stress, anxiety, depression, loss of self-confidence, a sense of guilt/helplessness, confusion, and so on. Just as positive feedback, it is a morale booster, negative comments can be damaging.

As students, we are always taught to be polite, be nice to others, respect others, help others, and be kind to all. Don't you think these rules apply to the online world as well? We must ensure that our posts do not offend anyone, harm anyone, or trouble anyone. Today technology keeps you just a click away from posting online, but with that should come a lot of responsibility. We may post something for fun, but it may have serious repercussions for the person on the other side. Put yourself in the other person's position, before you think of posting anything nasty. Be kind online just as you would be offline. Think before you troll.

**Submitted by Yogita Joglekar**  
**Std. 9, DSRVM**



## FROM CELLS TO GALAXIES: DISCOVERING THE BEAUTY OF SCIENCE

As we observe the World Science Day for Peace and Development in this month, I feel science has always been so fascinating to explore and I don't think it will ever fail to get one's curious side out. From cells that are not visible to the naked eye to the galaxies that are insanely wide and boundless, science tells us all!

I realized all this while I was in the middle of making a biology project for school; I had to make a detailed model of animal and plant cells which honestly didn't interest me in the very beginning but later I just happened to get curious about cell sizes. "How many of them are there?", "How big are they?", "What do they do?" and so many more questions kept on popping into my head.

This project became a turning point for me. As I started answering those questions, it inspired me to explore more about how life works on such a microscopic level, and the more I learned, the more I was fascinated.

I began to understand that what once seemed like random processes happening in our bodies were incredibly detailed and systematic. Every cell, every molecule, has a purpose, and they all work together in perfect harmony to keep us alive. It amazed me to think about how such a tiny cell knows exactly what to do!

This sparked something in me — a passion for science that I hadn't expected. It made me want to continue exploring and understanding how the world, and even the universe, works in such incredible ways, as this curiosity nurtures a culture of cooperation essential for achieving peace and sustainable development. I know Science will continue to inspire me for a long time to come.

**Submitted by Ilham Gahlot**  
**Grade 7, BCISW**







\*Courtesy: cartoonstock

## 10 FUN RIDDLES

1. If you don't keep me, I'll break. What am I?
2. There's only one word in the dictionary that's spelled wrong. What is it?
3. You're running a race and at the very end, you pass the person in 2nd place. What place did you finish the race in?
4. I have a tail and a head, but no body. What am I?
5. What 2 things can you never eat for breakfast?
6. I am so simple that I can only point, yet I guide people all over the world.
7. What has thirteen hearts, but no other organs?
8. Which word becomes shorter when you add 2 letters to it?
9. What's the capital of France?
10. What has keys but can't open locks?

Answers:

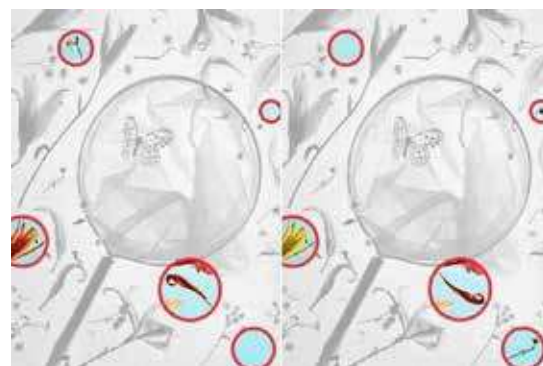
1. A promise.
2. The word "wrong." It's the only word that's spelled W-R-O-N-G.
3. You finished in 2nd place.
4. A coin.
5. Lunch and dinner.
6. Compass.
7. A deck of cards.
8. The word "short."
9. The letter "F." It's the only capital letter in France.
10. A piano.

## FIND DIFFERENCES

There are five differences between these pictures. Can you find them all?



Answer Key:



## CELEBRATING THE ILLUSTRIOUS BCG ALUMNI

Dream Big – Set Goals – Take Action



**Sarah Samuel Mathai**

Batch of 2017

Pursuing Master's degree at Columbia University, NYC  
Working with the Columbia Engineering School in Student Support and Wellness

## ARTIST OF THE MONTH



Submitted by Anushri Prabhu  
Std. 8, DSRVM



Submitted by Disha Jain  
Std. 8, DSRVM



## A NOTE FROM THE PRINCIPAL

Children play a vital role in shaping the future of humanity. You will grow up to become the next generation of scientists, entrepreneurs, artists, and leaders, driving innovation. But then your actions of today will shape the world tomorrow. Being the future of humanity you will have to think of the non-human aspects - the other living forms and environmental factors - just as much as you think of the human aspects. Young minds like Malala and Greta Thunberg are already contributing to social movements like equality, justice, and climate action.

Let us start with climate change which is a burning issue and human survival depends on it. Many youngsters around the globe are already advocating for climate change mitigation and sustainable practices. Small steps you take now can go a long way in making a significant impact - reducing food wastage, conserving natural resources, and consumer wastage, and reducing consumption and use of plastic. Imagine yourself as Superwoman/Superman out to create a cleaner and sustainable environment and saving all species on this earth!

And, you our school's Superwoman/Superman, also need to be free from prejudices/biases and unite all humans. Create a humane, peaceful, and inclusive environment. School is a great practice ground for this. Whether the world will flourish or disintegrate depends on your behaviour towards others. Practice empathy, kindness, and compassion in daily life and create relations based on mutual respect. Build a human 'WE'! You are digital natives and a lot of exciting innovations with AI are waiting to happen. Cultivate curiosity and creativity. Strengthen your skill sets. Make responsible use of social media. Then as future innovators, your ideas will always be for the benefit of humanity. To make an impact in the world prioritise your wellbeing - both physical and mental.

Your choices, actions, and dreams will shape humanity's future. Humanity has a great future if YOU are ethically strong, resilient, compassionate, and caring. And then, I believe, your will and ingenuity can change the world for the better! Happy Children's Day!

**Ms. Meenakshi Kilpady**

