

Foreword

Right from the beginning, women have always stood strong to face and overcome many difficult challenges portraying their braveness. Different women have become heroes for many people throughout the globe by guiding them towards a righteous and positive path. The world is evolving at a faster rate after many noteworthy contributions by women were brought to light.

Recently, in India, a female flight lieutenant became the first Indian woman fighter pilot. Women are great at multitasking and tend to give their best at all times. Many working women are also moms who never take a break. They are truly the support pillars of the house. Hats off to them!

Explore more interesting articles and stories in the newsletter below. Finally, wishing all the diligent ladies a very Happy Women's Day!

Submitted by Editorial team

A lesser-known path!

Have you ever noticed the mellifluous notes of sugar granules in a cup of tea and marveled about its existence? The saccharine essential to our daily lives – sugar, was pioneered by a feisty botanist – Janki Ammal who besides paving the way for substantial sugar production in India, also has various other accolades to her name.

Born on 4th November 1987, in a small town in Kerala, her severe grit and determination took her forward in life. Fighting gender and caste-based oppression, she paved her way through and received a degree from the University of Michigan, one of the few Indian women to

do so during those times. She is also widely regarded for her work in plant cytogenetics and also happens to be the 'First female botanist of India'. Her work on making indigenous sugar varieties sweeter is considered the paradigm of Indian sugar making. She even has a few plant species (*Sonerila janakiana*, *Janakia arayalpathra*, *Magnolia Kobus 'Janaki Ammal'*) and a gecko species (*Dravidogecko Janaki are*) named after her.

On this women's day, we pay sweet obeisance to the woman who helped make our lives sugary!

Submitted by Esha Naik, Class 9

An Important first!

As technology advances many things will grow to change, however, the need for doctors will never relinquish. Like every other domain in the world, medicine has also historically been male-dominated. Anandibai Gopalrao Joshi was the very first female Indian physician, also the first woman from India who completed her studies abroad in America.

She was born in a family of landlords and due to parental pressure, she was forced into child marriage at the age of nine. Anandibai bore her first child at the age of 14 but due to lack of medical care, the child passed away after ten days. This event was a turning point in her life and she decided to pursue medicine, with the support of her husband. Before she went to the United States, Anandibai addressed a public hall in 1883, where she expressed her disappointment for the lack of women doctors in India. She said, "I volunteer myself as one", in the gathering. She, unfortunately, died at the age of 21 due to tuberculosis

I'm pretty sure at first the thought of pursuing medicine is frightening for many females but after reading about such women who fought against the world you have gained some motivation and strength to forge forward.

Submitted by Riya Jaiswal, Class 9



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Women

They always say,
Women are the Goddess of the house,
I can't agree more;
Because they always take a stand whenever a problem arises.

Be it Teaching, Singing, or Dancing,
Women have always been hard-working,
Be it Engineering or Sports,
A Big Company or a small shop,
Women have always taken effort,
To be on the top.

Women have made our country proud,
In every single field,
And their actions have spoken out loud,
Whether they are a friend, a wife
a sister, daughter, or a mother,
Women have always believed in peace,
They are also the creator of life,
And like them, there wasn't, isn't, and won't be another.

They are an important part of our family,
And an integral part of our life,
Their hands will always have magic,
Doesn't matter if it holds a pen or a butter knife.

Submitted by Rohan Kamath, Class 6



CELEBRATING WORLD WIDE WOMEN'S DAY

INTERNATIONAL Women's Day is celebrated on 8th March every year. It marks gender equality and no discrimination between males and females. Women feel proud to celebrate women's day. Before women's day was celebrated women were fighting for the right to have freedom. These are the main reasons why women's day is celebrated but there is the main reason for it.

International Women's Day (IWD) is celebrated to commemorate women's cultural, political, and economic achievements. There are some points like gender equality, reproductive rights, violence, and abuse against women. It is celebrated worldwide. IWD became a global holiday. Between 1913 and 1914 women in Russia honored their first women's day on 23 February. Later March 8 was a globally accepted day to honor IWD. So IWD was celebrated for the first time by the United Nation in 1975.

This message is for all the women reading this message: fight for yourself, educate and have confidence that you can do anything. In honor of gender equality and women's achievements, let's celebrate International Women's Day together and worldwide.



Submitted by Vaidehi Bijan, Class 6

Woman, God's Gift!!!

God wanted Love, Beauty, Mercy, Strength, Tolerance, Courage so he created women. Happily, she works tirelessly day in day out for her family, with No holiday in her life. Even though women form half of the world's population, they take care of the entire population.

She not only puts effort into the wellbeing of her family but contributes to society. Who can forget the social contribution of Mother Teresa? Woman with her grit and talent prospering in every facet of personal as well as professional life. It feels great when currently we see many of the CEOs of top companies are women. Their contribution is immense and second to none. Mother, Sister, Wife, Daughter, and a friend are the real backbone of our family and society. There cannot be a comparison between Woman and Man there should not be. She never has a holiday in her life. The most important thing is that she does it with a smile and out of love. 8th March is Women's Day, we salute, congratulate, and bow to all women of the world for their personal and professional achievement and indebtedness for their contribution towards society. Happy Women's Day to all!!



Submitted by Manav Kashikar, Class 9

I WISH TO WORK AS LONG AS I LIVE



Can you believe that today's antimalarial and chemotherapeutic drugs were first developed by an *Indian woman*?

Born in colonial India on 23rd September 1917, Dr. Asima Chatterjee became the first Indian woman to acquire a doctorate in science. Dr. Asima achieved this feat even though women studying chemistry were practically unheard of at the time. She remained undeterred by all odds that came her way. A characteristic that we should all strive for.

Dr. Asima, a true karma yogi, believed in performing her responsibilities without expecting results or benefits; despite being a well-known figure with umpteen responsibilities, she was a loving wife, mother, and daughter. She was the first woman to serve as the General President of the Indian Science Congress Association. In 1975, Dr. Asima was also awarded the Padma Bushan by the government. She has paved the way for Indian women to pursue their aspirations. Dr. Asima may have gone but her legacy lives on.

Submitted by Sidhiksha Sharma, Class 8

Crossword

Name: _____ Date: _____

Women empowerment

Across

6. First Woman IPS Officer of India
8. First woman to score a double hundred in Test cricket against New Zealand
9. First women president
10. First & Last Muslim Woman ruler of Delhi

Down

1. Famous nun and missionary who selflessly devoted her life in service to others
2. First Indian Woman to win Booker Prize
3. First Indian women to be awarded the Bharat Ratna
4. First women governor of Independent India
5. First Indian woman who become an individual member of International Olympic Committee
7. First Indian women to climb Mount Everest

Answers:

1. Mother Teresa
2. Arundhati Roy
3. Indira Gandhi
4. Sarojini Naidu
5. Nilima Ghose
6. Kiran Bedi
7. Bachendri Pal
8. Mithali Raj
9. Pratibha Patil
10. Razia Sultana

Word Search

Name: _____
Date: _____

Subject: Themes
Sheet: Famous events

Word Search - International Women's Day

There are 15 vocabulary words for you to find hidden in the grid.



ACHIEVEMENT
EDUCATION
HOLIDAY
MARCH
STRUGGLE
PEACE

CELEBRATE
EMPOWERMENT
LEADERSHIP

CONFERENCE
GENDER EQUALITY
SUFFRAGE
LIBERTY
OPPORTUNITY
WOMEN





Who said these famous lines?

My philosophy is to not be scared of anyone. If I play well, great; if I don't, I learn from the match and move on.

Saina Nehwal

"We need to start work with the idea that we're going to learn every day. I learn, even at my position, every single day."

Chanda Kochhar

People used to say that boxing is for men and not for women, and I thought I would show them someday. I promised myself, and I proved myself.

Mary Kom

When you look at the stars and the galaxy, you feel that you are not just from any particular piece of land, but the solar system.

Kalpana Chawla

I think it's great to be flawed. I am hugely flawed, and I like it this way. That's the fun of life. You fall, get up, make mistakes, learn from them, be human and be you.

Priyanka Chopra

School Corner

Did you like our newsletter? Do send your feedback and share your stories of positivity in real life. Be a part of the movement to build a positive and a harmonious society. Write to us at studentcouncil@dsrvmalad.org